



Cappuccino

Espresso with steamed milk & a thick layer of foam



Café Latte

Espresso with steamed milk & a thin layer of foam



Americano

Double shot of espresso with hot water
Add R5 for milk



Cafe Mocha

Espresso & hot chocolate with steamed milk and a layer of foam



Cortado

Espresso mixed with a roughly equal amount of warm milk to reduce the acidity



Flat White

Two espresso shots and a thin layer of microfoam



Dirty Chai Latte

Spiced chai, shot of espresso, steamed milk & a layer of foam



Salted Caramel Hot Chocolate

Salted Caramel Hot Chocolate with steamed milk & a layer of foam



Hot Chocolate

Hot Chocolate with steamed milk & a layer of foam



Milo

Milo with steamed milk & a layer of foam



Spiced Chai Latte

Spiced chai with steamed milk & a layer of foam



Red Cappuccino

Red espresso with steamed milk & a thick layer of foam



Red Latte

Red espresso with steamed milk & a thin layer of foam

Standard
(S\$)

Medium
(S\$)

Large
(S\$)

R35

R40

R55

R40

R55

R35

R45

R60

R27

R30

R45

R60

R35

R40

R55

R35

R40

R55

R40

R55

R40

R55

R40

R45

R55

R45

R60

Extra shot
espresso : +R5

Decaf per shot
: +R7

Scan Code to Order
via Whatsapp



Muffins R35

Sweet Chilli Chicken Mayo Wrap R45

Smoked Chicken Cheese Griller Wrap R40

Toasted Cheese Sandwich R20

Toasted Ham & Cheese Sandwich R25

Toasted Ham, Cheese & Tomato Sandwich R30

Toasted Cheese & Tomato Sandwich R25

Toasted Chicken Mayo Sandwich R30

Choc Chip / Oats Cookie R20

Coke & Sprite R20

Alkaline Water R15

Isorade R15

Appetizer / Grapetizer (300ml) R15

Strawberry Protein Smoothie (500ml) R60

Strawberries, yoghurt, milk and whey protein

Peanut Butter Protein Smoothie (500ml) R60

Bananas, yoghurt, milk, peanut butter and whey protein



**Monday -
Thursday
6h00-18h00**

**Friday
06h00-17h00**

**Saturday
08h00-12h00**

**Sunday
Closed**

INSIDE FITBERI : 358 Rossouw Street, Murrayfield, Pretoria